

# Tips for families: Planning for the new half term

**Achieve  
Together**  
@LDST

## Planning

What will  
your plan  
be to start  
the new  
half term?

Complete any  
homework or  
learning tasks  
ready to give  
in.

Limit  
screentime and  
do calm  
activities  
before bed e.g.  
reading.

Allow for  
plenty of time  
on the first day  
and keep  
breakfast  
simple.

Get back to  
having a  
bedtime  
routine a few  
days before.

Get uniform  
and any  
equipment  
needed ready.

Talk about 3  
good things  
coming up in  
the week  
ahead before  
bed.