

Spring term RSHE 2025

These are the topics and intended learning outcomes for Willow Class in the autumn term. Please see Miss Brooks/Mrs Scanlon if you have any questions or would like further information.

Topic 1: Keeping Safe

1. **Spot bullying** - Children will be able to demonstrate strategies to deal with both face-to-face and online bullying, demonstrate skills for supporting others who are bullied and describe the difference between online and face-to-face bullying.
2. **Play, like, share** - Children will be able to consider what information is safe/unsafe to share offline and online, reflecting on the consequences, recognise that people aren't always who they appear to be online and explain the risks of 'online friends', know how to protect personal information online and recognise disrespectful online behaviour and know how to respond to it.
3. **Decision dilemmas** - Children will be able to recognise which situations are risky, explore and share their views about decision making when faced with a risky situation and suggest what someone should do when faced with a risky situation.
4. **Ella's diary dilemma** - Children will be able to define what is meant by a dare, explain why someone might give one and suggest ways of standing up to someone.
5. **Vaping: healthy or unhealthy?** - Children will be able to describe some of the health risks caused by vaping, understanding that the potential health risks are not yet fully known, use critical thinking skills when reading information/media and understand that companies selling vaping products do so to make money.
6. **Would you risk it?** - Children will be able to identify risk factors in a given situation (involving smoking) and consider outcomes of risk taking in this situation, including emotional risks and understand the actual norms around smoking/alcohol and the reasons for common misconceptions of these.

Topic 2: Rights and Respect

1. *Two sides to every story* - Children will be able to define the terms 'fact', 'opinion', 'biased' and 'unbiased', describe the language and techniques that make up a biased report and analyse a report to extract the facts.
2. *Fakebook friends* - Children will be able to know the legal age (and the reason behind these) for having a social media account, understand why people don't tell the truth and often only post the good bits about themselves online and recognise that people's lives are much more balanced in real life.
3. *What's it worth?* - Children will be able to explain some benefits of saving money, describe the different ways money can be saved, describe the costs that go into producing an item, suggest sale prices for a variety of items and explain what is meant by the term 'interest'.
4. *Happy shoppers: caring for the environment* - Children will be able to explain what is meant by living in an environmentally sustainable way and suggest actions that could be taken to improve this.
5. *Democracy in Britain 1 (elections)* - Children will create a mock election to learn about the process of democracy in Britain.
6. *Democracy in Britain 2 (how most laws are made)* - Children will recognise reasons for rules and laws and understand the consequences of not adhering to them.