

Dear Parents

### Safeguarding pupils – PSHEC lesson Class 2

The Personal, Social and Health Education and Citizenship (PSHEC) curriculum is well established at Callow End CE School and our aim is to encourage our pupils to become healthy, responsible and independent members of society.

As part of this curriculum Class 2 will be discussing the NSPCC's PANTS rules in their PSHEC lesson tomorrow. PANTS stands for:

- Privates are private.
- Always remember your body belongs to you.
- No means no.
- Talk about secrets that upset you.
- Speak up, someone can help.

The lessons will introduce a range of ideas about keeping safe, delivered in a way that is fully age-appropriate, empowering pupils without using any frightening words.

If you would like to know more about the NSPCC's campaign, information can be found at [nspcc.org.uk/pants](https://nspcc.org.uk/pants). I have put a link to this website, together with information for parents in the **Parents** section of our website under '**keeping your child safe**'. There are resources for parents available on the NSPCC website and it may be helpful to follow up tomorrow's lesson with your child at home.

If you have any questions or concerns please don't hesitate to get in touch.

Yours sincerely,

Mrs S. Wilkinson  
Headteacher