

## Autumn term RSHE 2025

These are the topics and intended learning outcomes for Willow Class in the autumn term. Please see Miss Brooks if you have any questions or would like further information.

### Topic 1: Me and My Relationships

1. Working together - Children will be able to demonstrate a collaborative approach to a task, describing and implementing the skills needed to do this.
2. Let's negotiate - Children will be able to explain the terms 'negotiation' and 'compromise', suggesting and demonstrating positive strategies for negotiating and compromising.
3. Solve the friendship problem - Children will be able to recognise some of the challenges that arise from friendships, suggesting strategies for dealing with them and demonstrating the need for respect and an assertive approach.
4. Dan's day - Children will be able to describe the consequences of reacting to others in a positive or negative way and suggest ways that people can respond more positively to others.
5. Behave yourself - Children will be able to recognise and empathise with patterns of behaviour in peer-group dynamics, recognise basic emotional needs and understand that they change according to circumstance and suggest strategies for dealing assertively with a situation where someone under pressure may do something they feel uncomfortable about.
6. Assertiveness skills - Children will be able to list some assertive behaviours, recognise peer influence and pressure and demonstrate assertive behaviours to resist this through role-play.
7. Don't force me - Children will be able to describe ways people show commitment to each other, know the ages a person can marry and understand that everyone has the right to be free to choose who and whether to marry.
8. Acting appropriately - Children will be able to recognise that some types of physical contact can produce strong negative feelings and know that some inappropriate touch is also illegal.

## Topic 2: Valuing Difference

1. Qualities of friendship - Children will be able to define key qualities of friendship, describe ways to make a friendship last and explain why they sometimes end
2. Kind conversations - Children will be able to rehearse active listening skills, demonstrate respectfulness in responding to others and respond appropriately to each other.
3. Happy being me - Children will be able to develop an understanding of discrimination and its injustice, empathise with people who are subjected to injustice (including racism) and consider how discriminatory behaviour can be challenged.
4. The land of the Red People - Children will be able to identify and describe different groups that make up their school, wider community, and other parts of the UK, describe the benefits of living in a diverse society and explain the importance of mutual respect for different faiths and beliefs.
5. Is it true? - Children will be able to understand that information seen online is not always true or accurate, recognise that some people post things online about themselves that aren't true so that people will like them and understand and explain the difference between sex, gender identity, gender expression and sexual orientation.
6. Stop, start, stereotypes - Children will be able to recognise that some people can get bullied because of the way they express their gender and give examples of how bullying behaviours can be stopped.
7. It could happen to anyone - Children will be able to identify the consequences of positive and negative behaviour on themselves and others and give examples of how individual/group actions can impact on others in a positive or negative way.