

Spring term RSHE 2026

These are the topics and intended learning outcomes for Willow Class in the spring term. Please see Miss Brooks if you have any questions or would like further information.

Topic 1: Keeping Safe

1. Think before you click! - Children will be able to accept that responsible and respectful behaviour is necessary when interacting online and face-to-face and understand how easily something posted online can spread.
2. To share or not to share? - Children will be able to explore the risks of sharing photos/films of themselves with other people directly or online and know how to keep their information private.
3. Rat park - Children will be able to define what is meant by addiction and understand it is a form of behaviour and understand how all humans have basic emotional needs, explaining the ways these can be met.
4. What sort of drug is...? - Children will be able to explain how drugs can be categorised, recognising medical and non-medical uses and explain some of the laws that control drugs in the UK.
5. Drugs: it's the law! - Children will be able to understand some of the basic laws in relation to drugs and explain why there are laws relating to drugs in this country.
6. Alcohol: what is normal? - Children will be able to understand the actual norms around drinking alcohol and the reasons for common misperceptions of these and describe some of the effects and risks of drinking alcohol.

Topic 2: Rights and Respect

1. What's the story? - *Children will be able to discuss health and wellbeing issues in the media, expressing their opinions and making recommendations on these.*
2. Fact or opinion? - *Children will be able to understand the difference between a fact and an opinion and understand biased reporting and the need to think critically about things we read.*
3. Mo makes a difference - *Children will be able to explain the terms 'voluntary', 'community', 'pressure' and group, giving examples of voluntary groups and their value.*
4. Rights, respect and duties - *Children will be able to define responsibilities, rights and duties, discussing what can make them difficult to follow and identify the impact on individuals and the wider community if they are not carried out.*
5. Spending wisely - *Children will be able to state the costs involved in producing and selling an item and suggest questions a consumer should ask before buying a product.*
6. Lend us a fiver! - *Children will be able to define the terms 'loan', 'credit', 'debt' and 'interest' and suggest advice for a range of situations involving personal finance.*